

Caregiver Volunteers of Central Jersey



We are an interfaith nonprofit agency dedicated to providing **free** supportive services to seniors, 60 years or older, who no longer drive; helping them to continue to live independently in their own homes. Serving both Monmouth & Ocean Counties.

What We Do...

- **Medical Transportation:** Door to door transportation to medical appointments.
- **Food Shopping:** Volunteer is assigned to do in person or online shopping every 2 weeks.
- **Friendly Visits:** Weekly visits offering companionship.
- **Veteran to Veteran:** Veteran volunteers & home-bound Veterans are matched for services.
- **Caregiver Canines® Pet Therapy:** Weekly visits from a certified therapy dog.
- **Caregiver Respite:** Support and weekly visits for those living with dementia or other chronic illness to give the family caregiver a break.
- **Reassurance Phone Calls:** Weekly calls to reduce social isolation.
- **Residential Services:** Simple, safety home repair, grab bars & maintenance services, in & out doors.
- **Connect Thru Music:** An enrichment program connecting dementia clients to their former selves through music.



VOLUNTEER TODAY!

- **Join a Supportive Team:** CVCJ provides training and flexible opportunities. Volunteer an hour a month or more. We specialize in guilt-free volunteering.
- **Local Impact:** Experience the fulfillment of strengthening your community by helping people in your neighborhood.
- **Feel Good, Do Good:** Choose from roles that suit your skills and passions, while building relationships with seniors and fellow volunteers.

Support Our Seniors...

For more information
or to donate
call our office
at 732-505-2273 or
visit us at cvcj.org



Our programs are funded in part by:



Monmouth County
Office on Aging



Foundation for New Jersey



Funded in part by a grant
from the Ocean County
Board of Commissioners