Bringing Smiles
Our Purpose... Our Impact...

Impacting lives through the power of music.

The healing power of pet therapy.

Connecting the generations.

A friendly touch, a kind word always makes a difference.

CAREGIVER CONNECTION
Caregiver Volunteers of Central Jersey
"Caring for People by People Who Care"

Spring 2019

Toms River: 732-505-2273
Freehold: 732-876-3900
www.caregivervolunteers.org

Like Us On Facebook @ Caregiver Volunteers & Caregiver Canines
Instagram & Twitter @cvcjcares
A Message From Our Executive Director

Dear Friends,

When I was reading through our newsletter, the word that kept popping into my head was “blessed”. In countless ways, I appreciate what it means to be part of our incredible organization. I feel blessed beyond measure to have the opportunity to meet incredibly inspiring individuals.

I also can imagine how blessed the individuals and families that we help feel as well. Being the caregiver for my mother who has dementia, I understand on a very personal level the vital need for respite and a break.

My sincerest heartfelt gratitude and thanks to everyone involved in making CVCJ so special. Thank you for allowing us to expand our services to even more people in need.

As you will read on the following pages, our impact continues to grow and continues to be vitally needed in our community.

We would not be here today without each of you reading this newsletter.

Warmest regards,

Lynette

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CVCJ Welcomes Our New Director of Development

Dear Friends,

My name is Howard Hirsch and I am so honored to be the newly appointed Director of Development at CVCJ. Linda Conroy is now enjoying her new life of being a retiree and we wish her the very best!

By joining the wonderful group of supporters, volunteers and staff of CVCJ, I am committed to ensuring that the important services we provide continue to individuals and families in our area in need. I hope you will reach out to me if you have any ideas or want to help out.

Thank you for all the support and love you continuously give and may you truly be blessed for all you do!

Best wishes,

Howard Hirsch
Director of Development
Imagine, seeing your Mom, Dad or Spouse slowly lose their memory; need help to do even the simplest things, like eating or brushing their teeth...forgetting your name or even who you are. Seven days a week, 24 hours a day and there is no one else to help but you. Doing your best with symptoms you do not understand, are not prepared for and feeling guilty about not doing enough or not doing it right. On top of that, the dread that things will only get worse. The magnitude of the profound sadness, loss, worry and exhaustion of being a caregiver to someone you love with dementia cannot be put into words.

Some caregivers say: “It’s like running on a treadmill, with no end in sight”

This is the beginning text of the presentation that helped CVCJ’s Alzheimer’s Respite Care Program (ARCP) to be selected to receive the 2018 Impact100 Jersey Coast grant. This will enable our agency to finally bring the much needed relief, resources and hope of our successful and nationally recognized program to Monmouth County!

In the last 16 years, we have served more than 800 families in Ocean County living with dementia and are working now to do the same for the caregivers in Monmouth County.

Our program cannot change the course of the disease, but our weekly respite visits, tools for dealing with dementia and non-judgmental support can be transformational to our families...just what Impact100 was looking for.

If you or a Caregiver you know could benefit from a volunteer visit, please contact Fran Pannella at (732) 505-2273 or email at franp@caregivervolunteers.org.

We are honored that Rowena Crawford-Phillips representing Impact100 Jersey Coast will be our Keynote Speaker at our Annual Volunteer Appreciation Dinner on April 30th.

Impact100 Jersey Coast’s goal is to create a forum to raise awareness of our community’s most pressing needs and fund transformational grants for high-impact projects addressing those needs. We are honored that they chose CVCJ to receive a grant to bring our Alzheimer’s Respite Care Program to Monmouth County.
As Caregiver Canines® enters its 10th year we look back on all the progress we have made, the smiles we have shared, the loneliness we have eased and the joy we have spread. We thank you for supporting our mission and allowing these wonderful dogs into your lives. We thank our volunteers for always going above and beyond and our board of directors for allowing us to dream big. 2019 promises to be a year of celebration and even bigger dreams.

Let’s Go For A Walk…

2009:
Caregiver Canines® is born

2010:
10 therapy dog teams and growing

2013:
Caregiver Canines® builds to 30 therapy dog teams

2014:
Partnership launched with National Volunteer Caregiving Network to begin national chapters

2015:
First national chapter founded in Bethlehem, PA

2018:
Caregiver Canines® reaches 50 therapy dog teams

2019:
Ten years of connection, affection, comfort and joy

Celebrating our long standing volunteers...

10 Years:
Charlotte and Dan Diaz & Diego
Denise Spann & Nutmeg
Kathy Perrino & Lily

5+ Years:
Janice Young & Mark / Barbara Devlin & Christy
Fran Tangredi & Bella / Mary Baldelli & Darla
Linda Robbins & Molly / Tami Skok & Bo
Tracy Benson & Van / Frank Pirozzi & Earl
Dottie Jones & Honeycomb
Our Caregiver Canines® visiting therapy dogs are always looking to visit with new people. If you are interested in a visit from one of our therapy dogs or know someone who would enjoy a visit please contact Danielle at (732) 505-2273 or daniellem@caregivervolunteers.org. Visits are free, take place in your own home & when it is convenient for you.

Follow Caregiver Canines® on Facebook and check out our website at www.caregivercanines.org

Our Caregiver Canines® is excited to announce a partnership with BAYADA Home Health Care at their Assistive Care office in Toms River. We will be sending our therapy dogs to visit with BAYADA clients in their homes. BAYADA wants to help end the isolation and loneliness affecting our senior population.

“BAYADA is proud to enhance the quality of life for so many of Ocean County’s seniors,” said Robert Richards, Director of the BAYADA office in Toms River. “With this new partnership, we’re thrilled to not only continue providing excellent care that matches our clients’ conditions, interests, and personalities, but believe this extra element of attention will add joy to the residents of Ocean County.”

We are looking forward to working with BAYADA and believe this partnership will help to expand our reach to those who are missing that special pet in their lives.
Our Mission
Caregiver Volunteers of Central Jersey (CVCJ) is dedicated to providing vital assistance to the elderly, disabled, veterans and those who care for them. Our goal is to enable individuals to remain independent and to allow them to live with dignity and joy.

Our Vision
To live in a world where elders & caregivers are cared for and honored.

Officers
Anne Kraljic, President
Dr. Edward Harper, Vice President
Dave Manzo, Treasurer
Leo DiGioia, Asst. Treasurer
Kelly Fliller, Secretary
Patricia Scimeca, Member at Large
Rev. Scott Shaffer, Member at Large

Board of Trustees
Curry Bradley, Anthony Canderozzi
Lisa Carta, Jean Flaherty
Lisa Gallicchio, Kathy Kimm
Michele Lardieri, Shawn Michaels
Dr. B. Okpokwasili, Tina Orth
Donna Palmer, Rabbi Robert Pilavin
Annemarie Schreiber, Dr. Christopher Shapley
Msgr. Sam Sirianni, Gene Young

Executive Director ~ Lynette Whiteman, MS
Director of Development ~ Howard Hirsch

A Warm Welcome To Our New Interfaith Coalition Members
♦ St. Andrew’s United Methodist, Spring Lake
♦ The Parish of Saint Mary, Colts Neck

Welcome To Our New 2019 Board Members

Kathy Kimm
Director of Physician & Hospital Relations
Marquis Health (Willow Springs & Crest Pointe Rehab. & Healthcare)

Rabbi Robert S. Pilavin
Congregation Sons of Israel

Annemarie Schreiber, Esq.
Certified Eldercare Attorney
Carlucci, Leone, Dimon, Doyle & Sacks, LLC

Christopher W. Shapley, DVM CVA
Veterinarian
Bricktown Veterinary Hospital
Thank you to our generous supporters for their assistance in keeping Monmouth & Ocean County Seniors in their homes.

L-R: Howard Hirsch, CV CJ’s Director of Development receives a generous donation from Dr. Vinod Sancheti through the MOCAAPI Charitable Gala 2019.

Special Thank You To Our 2019 Partners In Caring

Affiliated Foot & Ankle Center, LLC
Atlantic Physical Therapy Center
Crossroads Realty
Furry Friends Mobile Vet, LLC
Preferred Home Health Care & Nursing Services
Vision Financial Services-Anne Kraljic
Winston Benefits

In-kind Gifts
(Contributions such as meeting space, hosting an event, etc.)
Brandywine Senior Living at The Gables & Reflections
Central Printing
Cherished Memory Photography
Church of St. Martha, Pt. Pleasant
Co-Cathedral of St. Robert Bellarmine
Community Medical Center
Complete Care at Bey Lea
Congregation B’nai Israel
Det. Sergeant Mark Malinowski, OC Prosecutor’s Office
Gary Gellman
Harrogate
Holy Cross Lutheran Church
Atlantic Physical Therapy Center
Monmouth Medical Center Southern Campus
Ocean, Inc.
Rose Garden Nursing & Rehab. Center
Spring Oak at Toms River
St. Maximilian Kolbe Catholic Church, Toms River
The Ocean County Library System
The Pines at Whiting
Tom Hayes & NJNG Employees
Visitation Catholic Church, Brick
Visiting HomeCare Services of OC–A Friend’s House
Willow Springs Rehab & Healthcare Center

Donors, Foundations & Grants

Advanced Memory Research Institute of NJ
Amboy Foundation
Arbor Terrace at Middletown & Shrewsbury
Artisans & Crafters of Renaissance
Bayada Home Health Care
BlueClaws Charities
Brick Morning Rotary
Brick Rotary Charitable Foundation
Causeway Family of Dealerships
Chapman Family McDonalds-NUOP Corporation
Charles B. Mathis Memorial Trust
Chelsea Senior Living
Comfort Keepers of Central Jersey
Crestwood Village II Residents
D’Onofrio Foundation
Enclave Outreach Group
Encompass Health Rehab. Hospital of Tinton Falls
Exxon Mobil Foundation
Fidelity Charitable Gift Fund
Garland Law Offices, P.A.
GFWC Women’s Club of Brick
Greenbriar Woodlands Outreach
Harrogate
Hirair and Anna Hovnanian Foundation
Holiday City Berkeley Welfare & Recreation Fund
Holistic Care Hospice
Holy Redeemer Health System
Homecare Assistance
Impact100 Jersey Coast
Imperial Healthcare
Investors Bank Charitable Foundation
Jackson Chamber of Commerce
Kiwanis Club of Jackson
Kiwanis Club of Toms River Daybreak
Knights of Columbus of Jackson
Menasquan Bank
Men’s Club at Lake Ridge
MOCAAPI
Monmouth Ocean Regional Realtors
Monmouth Park Charity Fund
New Jersey Natural Gas
New Jersey State Council Knights of Columbus
Ocean County Office of Senior Services
Ocean Ride
Ornstein Family Foundation
Perlmart, Inc.
Petco Foundation
Phillips Charities
Pinebelt Chevrolet
Preferred Home Health Care & Nursing Services
Provident Bank Foundation
Saker Shoprite
Suez Water Toms River
The Jay and Linda Grunin Foundation
The Pines at Whiting
Rotary Club of Toms River Charitable Foundation
Toms River Chamber of Commerce
United Methodist Communities-Homeworks
Walmart Foundation
Wawa
Wintrode Family Foundation
Caregiver Volunteers of Central Jersey continues to be blessed by donations from our clients and their families and by the financial support of our friends in the community. We are grateful for their generosity, which enables Caregivers to fulfill our mission. This list includes in memoriam & honorarium donations through the month of January. Every effort was made to ensure the accuracy of this list. Kindly forward any additions or corrections to the CVCJ office to be listed in the next newsletter.

**In Memory of:**
Amber, Caregiver Canine  
Ronald Langell  
Mae Lapp  
Domenico Latino  
Craig Lawson  
Mary M. Lazaro  
John Lipay  
Mary M. Macartney  
Edward Maceyak  
Anthony Mancini  
Mario A. Marano  
Alvin Markowitz  
Joseph R. Marracello  
Thomas Mason  
Daniel Maul  
Donald McAndrew  
Barbara A. McGoff  
Colleen McGovern  
Doris McGrath  
Margaret McIver  
Teresa Milo  
Catherine Moscatelli  
Michael Moscatelli  
Kerry Ann Murphy  
William R. Murphy, III  
Karen Mykosky  
Frank Napolitano  
Rita Napolitano  
Anne O’Connor  
Vito Ottoman  
David Pabon  
James Pacieca  
Steve Pardes  
Joseph Persichetti  
Charles Peterpa  
Marie K. Petersen  
Richard Petruzi  
Cris Pinheiro  
Jim Piscatello  
Jim Ricca  
Anthony Riccardi  
Lilian Ring  
Paul Rizzo  
Josephine Roberts  
Jules Roberts  
Joseph Roman  
Glenn Rose  
Mercedes Rummel  
Rose Rupakis  
Carolyn Saacke  
Dr. Elmo Samuel  
Joseph A. Sarica  
Giulio Scardigno  
Marie Frances Schneider  
Edward Schuler, Sr.  
Giuseppe Sciara  
Maria Scillieri  
Stephen Scribellito, Jr.  
Allison Beth Seidel  
Alice Sharkey  
Roger P. Sharkey  
Katherine Smith  
Patricia Smith  
Howard Sorensen  
Mark St. George  
Rose St. George  
Alphonse Strada  
Carol Terracina  
Barbara Testa  
The Connell Family  
The D’Onofrio Family  
The Peluso Family  
The Rizzuto  
The Sodano Family  
Joan M. Thiene  
Joanne Valentine  
Betty Van Stratton  
Ella Ventola  
Edwin Dale Weir  
John G. Wetzler  
Malke Whiteman  
Joe Wong  
Thomas Wulff  
John Yochum

**In Honor of:**
Karen Adamo  
Nancy Akins  
Karen Alvis  
Michael Anderson  
Elsi Mae Applegate  
Judy Babulski  
Anna Balacco  
Mary Bibbo  
Josephine Bono  
Ann Borowicki  
Sarah Bardy  
Jennifer Cesaro  
Wendy Childers  
Marlyn Cicciu  
Jennifer Colucci  
Kathleen Connelly  
Linda Conroy’s Retirement  
Terry Contos  
Robert Craig  
CVCJ’s 25 years of service  
CVCJ Staff & Volunteers  
Mary Daly  
Mr. & Mrs. Elio De Cristofaro  
Toni Dowling  
Janet Dzieniieski  
Charlotte Earle  
Eileen Edinger  
John Fedor, Jr.  
Kate Freund  
Eileen Galligan  
Pat Gibbons  
Greenbriar Woodlands Comm.  
Mr. & Mrs. Hurwitz  
Clara Javarone  
Vincent T. Iorio  
Jordan Kane  
Penny Eleanor Keller  
Betty Kemp  
Janet Kroner  
Grace Kurak  
Elizabeth LaBracio  
Gale Levenel  
Melody Lorenzen  
Meryl Markowitz & Bitsy  
Sue Marracello  
Lisa North  
Audrie Odat  
Maryann O’Grady  
Teresa Onorato  
Arnold & Marie Pepe  
Julia Petruzzi  
Rabbi & Maxine Pilavin  
Linda Robbins & Molly  
Mary Ross  
Elaine Salto  
George Schaefer  
Richard Shipani  
Henry Shery  
Miriam Sodergren  
Jordan Solkowitz  
Frances Sommers  
Bill Spillane  
Virginia Steinmetz  
Dottie Strohm  
Van, Caregiver Canine  
Constance Wiener  
Carole Wood  
Grace Young

**In Lieu of Flowers...**

We offer our sincere condolences and gratitude to the families of:

- Doris Bennett
- William Feicht
- Anne O’Connor
- Betty Van Stratton

for designating Caregiver Volunteers of Central Jersey to receive donations in lieu of flowers.
Like most people, you probably purchased your life insurance policy to make sure that those you love would be taken care of. But, life moves on and perhaps you really don’t need that life insurance policy any longer but are not quite sure what to do with it.

Recently, CVCJ learned there is an option called a “Life Settlement” where you as the policy holder can sell your existing life insurance policy that you no longer need or want to a licensed, institutional buyer and get funds to use right now. This applies to even term insurance which you may just think you have to let lapse, but actually may have value to it.

Once your life insurance is sold, you can use the funds anyway you wish. This includes creating your legacy by donating a portion to CVCJ so we may assist vulnerable individuals far into the future. To learn more about Life Settlements, please discuss with your financial advisor.

To request a copy of the Creating Your Legacy brochure and to learn more about making a gift in your Will or living trust that will impact lives for years to come, please contact Lynette Whiteman at 732.505.2273 or lynettew@caregivervolunteers.org.

Support CVCJ in your everyday activities... a little goes a long way!

Get Social

Growing in popularity is giving back instead of gifts when celebrating personal milestones (i.e. weddings, anniversaries, birthdays, etc.). Setting up a personal fundraiser on Facebook is quick and easy.

Online Shopping

AmazonSmile is a simple and automatic way for you to support your favorite charity every time you shop, at no cost to you. Simply shop smile.amazon.com & assign Caregiver Volunteers of Central Jersey as your organization.

Shop for a Cause

B-Causes is a new CVCJ partner. Their website contains hundreds of local and national discount offers, for restaurants, retailers and more! When you use these offers, CVCJ gets a donation. Visit www.b-causes.com and enter Caregiver Volunteers of Central Jersey.

Company Match

Check out if your company offers a matching gifts program. Some even provide incentives to support employee volunteer hours. Double your giving power!
Save the Date
Dancing with Their Stars
Thursday, May 16, 2019
6:00-10:00 p.m.
Eagle Oaks Golf & Country Club
20 Shore Oaks Drive
Farmingdale, NJ 07727

Visit CVCJdances.com to VOTE for your favorite couple & to purchase tickets and sponsorship opportunities.

Contact Howard at 732-505-2273, ext.203 or howardh@caregivervolunteers.org for more information.

Tickets are: $75.00
Includes:
One hour open bar w/ butler passed hors d’oeuvres, Delicious hot buffet, Dessert & Dancing with DJ Bill Lynskey from Shore Entertainment
RSVP required by 5/2/2019

Our CVCJ Stars
Marisol Zapata, Harrogate
Connor Marshall, Harrogate

Katie Chambers, Holisticare Hospice
Chris Slavicek, Chelsea Senior Living

Diane Bansback, WJH FAA Technical Center
Kerry Stevens, Law Office of Kerry B. Stevens

Sue Manzo, Atlantic Physical Therapy Center
Dr. Raymond Esquieres, Brielle Orthopedic

Heidi Palombi, Homeside Hospice
Mike Palombi, Author

Rose Pulley, Crest Pointe Rehabilitation
Greg Pulley, Physicians Dialysis

Loretta Shopene, Embracing Hospicecare
Craig Sydor, The Chelsea at Toms River
CVCJ has an online shopping program. If you are interested in volunteering for this program, all you need is computer experience. It can be done from your home at your convenience.

**Our next training is:**
May 17th ~ 10:00am

If you are interested contact Laura at 732-505-2273, ext. 200 or info@caregivervolunteers.org

To learn more about our rewarding volunteer opportunities visit us at www.caregivervolunteers.org and click on the volunteer tab.