Join Us On Our Journey...

Help to our Neighbors in the North

Toms River Office
“Movin On Up”

As Our Mission Soars

Growing our Support to Alzheimer’s Caregivers

Raising the “Woof” Caregiver Canines® Goes National

Freehold: 732-876-3900
Toms River: 732-505-2273
Whiting: 732-849-9400

www.caregivervolunteers.org
Like Us On Facebook @ Caregiver Volunteers & Caregiver Canines
Dear Friends,

Just think how lovely it would be if we lived in a world where all our elderly are cared for and honored. That is the vision and guiding light of Caregiver Volunteers of Central Jersey.

As you will learn on the following pages, our mission of care is growing in wonderful and exciting ways. This is possible because of a small “army” of committed individuals who share our passion for helping our neighbors, and because our volunteers serve as trusted friends in times of need.

Thank YOU for joining us on this journey – strap on your seatbelts, and get ready to soar!

Sincerely,
Lynette Whiteman, CVCJ Executive Director

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**Extending Our Hand In Service To Our Neighbors**

“Hello, my name is Regina and I live in Howell. My husband passed away 2 months ago. I never learned to drive and I need help getting to my doctors. Can you help me?”

It is with great joy that we now can answer a resounding “YES” to Regina and the many Seniors in Howell and Freehold who may need help in the future.

To get our program off the ground across county lines, we received generous support from the Hovnanian Foundation, JCP&L Foundation and Manasquan Bank Foundation. St. Robert Bellarmine in Freehold has graciously offered to be home to our office in Monmouth County.

Because of the great number of requests for our services offered through our compassionate volunteers, this expansion into Monmouth County has been a dream of ours for many years. Our sincere gratitude to everyone who helped make this goal a reality!

**Our Monmouth Office opened its doors on March 15, 2016.**

*Address: 61 Georgia Road, Room 116, Freehold, NJ 07728  
Phone #: 732-876-3900  
Email: christinem@caregivervolunteers.org*
Here are some new lyrics:

Well we're movin on up, to the east side  
(Well close - the west side of Route 37 in Toms River)

To a deluxe apartment in the sky  
(not really, but a beautiful office on the 2nd floor!)

Movin on up to the “west” side  

We all hope that you’ll stop by and say hi

Yes, it’s true – the main office of CVCJ will be moving into a beautiful office in early June. We are so blessed - this office space is being generously donated to us by Community Medical Center and is located very close to the hospital.

Our new address will be:

Caregiver Volunteers of Central Jersey  
Riverwood Plaza, Bldg. 2  
67 Route 37 West, 2nd Floor  
Toms River, NJ 08755

Our phone number will remain as: 732-505-2273 and main email will remain info@caregivervolunteers.org.

We truly thank the Toms River Presbyterian Church for housing our offices in the House of Hope since 2007.
Since September, Emily Andrews, a Masters of Social Work candidate from Monmouth University has partnered with CVCJ to complete a research study to measure our impact on the health of our community.

Early research findings highlight that CVCJ:

- **Eases Feelings of Loneliness**
- **Enhances Sense of Independence**
- **Decreases risk of unplanned hospitalizations and readmission**

According to Emily - "In one of my favorite conversations, your care receiver said *the best part about your volunteers is that they are personal, they hold on to you, they sit with you, they make you feel secure.*"

Emily will be submitting her research study to major publications in the spring of 2016, so stay tuned to see us in print! If you would like to see the final study, please contact our office.

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"I alone cannot change the world, but I can cast a stone across the waters to create many ripples.

~Mother Teresa

"There is no value I can put on the peace of mind it gives me to know there is a Caregiver Volunteer sitting with my mother."

~Maria R.

"Sometimes the only people I see are Caregiver Volunteers and I am so grateful for their warmth & kindness."

~Gertrude G.

"It is reassuring to know that there are people who choose to be of service to our aging parents."

~Deidre M.

"You are lifesavers, I don't know what I would do if you weren't here to help me."

~Dorothy M.
Caregiver Volunteers of Central Jersey (CVCJ) is dedicated to providing vital assistance to the elderly, disabled, veterans and those who care for them. Our goal is to enable individuals to remain independent and to allow them to live with dignity and joy.

To live in a world where the elderly are cared for and honored.

Michelle Lardieri, President
Peter Berry, Vice President
Robert C. Novy, Esq., Treasurer
Leo DiGioia, Co-Chair Finance Committee
Anne Kraljic, Secretary
Rev. Dr. Edward D. Harper, Member at Large
Patricia Scimeca, Member at Large

Lisa Carta, Assist. Vice President
Investors Bank

Rev. Scott Shaffer, Pastor
St. Joseph’s Catholic Church

Gene Young, Owner
Young’s Appliance Sales & Service

Meet CVCJ’s Business Partners In Caring!
L-R: (First Row) Cathy Harmon (Independence Place), Bob Novy, Esq. (Novy & Associates), Kristen Brown (Care One at Jackson), Donna Palmer (Senior Care Options, Inc.), (Second Row) Jake Mason (Novy & Associates), Dave Manzo (Atlantic Physical Therapy Center), Anne Kraljic (Vision Financial).

Missing: Sheli Monacchio, Always Best Care and Denise Van Tassel, Alcoeur Gardens.
Thank you to our generous supporters for their assistance in keeping Ocean County Seniors in their homes.

Toms River Mayor, Thomas Kelaher, working in conjunction with Jeremy Grunin of the Jay and Linda Grunin Foundation, has applied for a grant from the Robert Wood Johnson Foundation to build a culture of health in NJ. CVCJ is honored to be part of “The Toms River Family Support and Health Coalition” to represent the health issues facing our communities’ Seniors and their Caregivers.

Donors, Foundations & Grants

- Alceour Gardens
- Always Best Care Senior Services
- Atlantic Physical Therapy Center
- Bishop Ahr Endowment Fund
- BlueClaws Charities
- Brandywine Senior Living
- Brick Morning Rotary
- Careone at Jackson
- Charles B. Mathis Memorial Trust
- Disabled American Veterans
- D’Onofrio Foundation
- Endless Pawsibilities, LLC
- Exxon Mobil Foundation
- Fidelity Charitable Gift Fund
- Filipino-American Community & Development Center
- Genesis HealthCare-Independence Place
- GFWC Women’s Club of Brick
- Golden Heart Senior Care
- Greenbriar Woodlands Men’s Club
- Greenbriar Woodlands Women’s Club
- HealthSouth Rehabilitation of Toms River
- Henry E. Niles Foundation
- Investors Bank Charitable Foundation
- Jan & Holly Kokes Foundation
- Jan & Eugenia Krol Foundation
- Kiwanis Club of Toms River Daybreak
- Knights of Columbus of Jackson
- Lakewood Rotary Club Foundation
- Manasquan Bank
- Melissa Clark
- Memory Enhancement Center
- National Association of Area Agencies on Aging
- National Council on Aging
- New Jersey Natural Gas
- Novy & Associates, LLC
- Ocean County Community Development Block Grant
- Ocean County Office of Senior Services
- OceanFirst Foundation
- Ocean Ride
- Outreach of Greenbriar Woodlands
- Patti’s Pretties
- Perlmart, Inc.
- Preferred Home Health Care & Nursing Services
- Renaissance Artisans & Crafters
- Rotary Club of Toms River
- Senior Care Options, Inc.
- Soroptimist International
- Suez Water Toms River
- The Pines at Whiting
- The Provident Bank Foundation
- Toms River Community Development Block Grant
- United Way of Ocean County
- Vision Financial Services-Anne Kraljic
- Willow Springs Rehabilitation & Healthcare Center
- Wintrode Family Foundation
- Women’s Club at Westlake
- Woodhaven Lumber

In-kind Donations

- BlueClaws Charities
- Brandywine Senior Living, Toms River
- Central Printing
- Community Reformed Church
- Crestwood Manor
- Endless Pawsibilities
- First United Methodist Church of Toms River
- Harrogate LifeCare
- Hyper Decals, LLC
- Ida Clendenin & TR High School North Students
- Independence Place Adult Daycare
- Leisure Chateau
- Marianne Levy, Shawn Michaels, Sue Moll~WOBM
- Preferred Home Health Care & Nursing Services
- Presbyterian Church of Toms River
- Perlmutter Shoprite
- The Pines at Whiting
- Timothy E. Ryan Home for Funerals
- Tom Hayes & NJNG Employees
- Uncle Bob’s Storage
- Visiting HomeCare Services of OC~A Friend’s House
- Whiting Healthcare by Genesis
### April 2016

**Events:**

- **April 13, 2016 ~ 1:00-2:30pm**
  - Volunteer Orientation - Location TBD
- **April 14, 2016 ~ 10:00-11:30am**
  - Volunteer Orientation - Location TBD
- **April 21, 2016 ~ 5:30pm**
  - Volunteer Appreciation Interfaith Worship Service & Dinner
  - First United Methodist Church of Toms River
  - 129 Chestnut St., Toms River

### May 2016

**Events:**

- **May 2, 2016**
  - 16th Annual Caring Classic Golf Outing
  - Eagle Ridge Golf Club - 2 Augusta Blvd., Lakewood
- **May 11, 2016 ~ 1:00-2:30pm**
- **May 12, 2016 ~ 10:00-11:30am**
  - Volunteer Orientation - Location TBD
- **May 14, 2016 ~ 6-10pm**
  - Dancing With Their Stars
  - Eagle Ridge Golf Club - 2 Augusta Blvd., Lakewood

### June 2016

**Events:**

- **June 8, 2016 ~ 1:00-2:30pm**
- **June 9, 2016 ~ 10:00-11:30am**
  - Volunteer Orientation - Location TBD
- **June 26, 2016**
  - 9th Annual ARCP Motorcycle Run
  - Knights of Columbus - 401 Bartley Rd., Jackson

For more information on these events visit our website www.caregivervolunteers.org.
Ruth came into our lives on April 8th, 2008. She was not a famous actress, she didn’t invent any major advances and as far as we know, never met with world leaders.

Ruth was described as someone who “loved to chat”. For seven years, our compassionate volunteers drove Ruth to her appointments so she could get the medical care she needed and shopped for her so she had groceries. Whenever she called our office, she had a kind word to say about our agency and believed she was able to stay in her home because of us.

After her passing in February 2015, we received word that Ruth remembered us in her will. This generosity will allow us to help the thousands of people like Ruth in our community to remain in their own homes and thousands of families will have the security of knowing someone is there for their loved ones.

Please consider joining our “Legacy of Care Society”. Call Lynette Whiteman, Executive Director, at 732-505-2237, ext. 206 or email her at lynettew@caregivervolunteers.org to learn how.

Although Ruth never made headlines, she will always remain a bright star in our lives. You too, can leave a legacy that will live on forever and your kindness can improve countless lives.
Caregiver Volunteers of Central Jersey continues to be blessed by donations from our clients and their families and by the financial support of our friends in the community. We are grateful for their generosity, which enables Caregivers to fulfill our mission.

This list includes donations through the month of January. Every effort was made to ensure the accuracy of this list. Kindly forward any additions or corrections to the CVCJ office to be listed in the next newsletter.

### In Memory of

Thomas J. Accomando  
Alfano/D’Argenio Families  
Louis Alter  
Willis I. Applegate  
Columbus Aragon  
Michael D. Barker  
Georgina Barton  
Debra Bauer  
Walter H. Bauman  
Terry Baxter  
Frances Besmer  
Lawrence Besmer  
John Bombino  
Warren Boyd  
Joseph T. Brecht  
Janet Brown  
Alice Bruker  
Vincent Buccheri  
Robert Burkhart  
Nancy Byrne  
Donato Calcagno  
Campbell Family  
Connell/Cunningham Families  
Conte Family  
Cosmo Carbone  
Mary Cassidy Monjello  
Delphine Caterincchio  
Ralph R. Cattley  
John Cavanaugh  
Archangelo Colletta  
Marie Combatti  
Charles Comparetto  
Alma Comstock  
Walter Comstock  
Margo Conte  
Helen Corecoran  
John Corecoran  
Doris Courtemanche  
Diane Dalo  
George D’Andrea, Jr.  
George D’Andrea, Sr.  
Joseph E. Dean  
Clifford Decker  
Josephine DeGennaro  
Anthony DeCasale  
Ralph DeLorenzo  
Carl DeVito  
Mildred DeVito  
Jack Devlin  
Pauline Dinin  
Rose Doyle Camfield  
Dorothy Ducceschi  
Irene Dzikielewski  
John Eimes  
Vincent Falco  
Michael Frank  
Claire Frojip  
Elizabeth Gant  
Tom Gawlick  
Barbara Alice Geoghegan  
Rosa Gethard  
George Glawson  
Fred T. Greenwald  
Walter Grays  
Norma R. Hadam  
Erich Haussuer  
Daniel J. Hand  
Nita Harker  
Maria Inmiss  
Rudy Inteligiano  
Sal Isgro  
Joseph Josso  
William Karpia  
Joseph A. Kascik, Sr.  
Jeanette Kesser  
Joseph Kelvev, Sr.  
Thomas Koerner  
Ginny Kovacofsky  
Milt Kovacofsky  
Domenico Latino  
Licinski/Crisi Families  
Gus Loukides  
Joseph Luciano  
Terry Luongo  
Mary M. Macartney  
Lehta Manik  
Sam Manto  
Douglas Mantone  
Joseph Mantone  
Beatrice Marcus  
David Marcus  
Alvin Markowitz  
Joseph R. Marracello  
Hope Elizabeth Martin  
Ruth Mayer  
Donald R. McAndrew  
James Paul McCabe  
Art McConnille  
Margaret McDermott  
Charlotte McGowan  
Henry P. McGowan  
Antonio J. Milazzo  
Charles John Miller  
Elsie Miller  
Catherine Moscatelli  
Michael Moscatelli  
Murphy Family  
Frank Napolitano  
Rita Napolitano  
Anne-Marie Neveroski  
Lilian Noto  
Joseph Persichetti  
John Petersen  
Mari Petersen  
Criss Pinheiro  
Sandy Pirozzi  
Michael A. Pisano III  
Katherine Platz  
Princess, Caregiver Canine  
Lawrence Ricciardi  
Anthony Rizzo  
Rizzuto/DeTrevi Families  
Josephine Roberts  
Jules Roberts  
Joseph R. Romano  
Thomas N. Rosanio  
Adelaide Rossetti  
Martin Rudenstein  
Mercedes Rummel  
Carolyn Janice Saacke  
Andrew Salto  
Alfred Santora  
Chester C. Schiess  
Mary Schmidt  
Harold Schuman  
Paul H. Schwartz  
Stephen Scribellito, Jr.  
Albert Sezweek  
Velma Sezweek  
Eileen Setio  
John Shaloo  
Roger P. Sharkey  
Janet Siecke  
William Simerson  
Charles Smethers  
Dan Sodano  
Howard Sorensen  
William Spillane  
Phil Spiri  
Mark L. Steinhart  
Vernon Stovall  
Joan Strauss  
Catherine Strine  
Joseph Tomasulo  
Alfano/D’Argenio Families  
Thomas Wolff  
Elizabeth Ann Wristen  
Leonard Yundzel  
Bonnie Derhay & Pogo  
Kevin & Pat Downing  
Carol Dunbar  
Angela Elkowicz  
Joy Goldrick  
Jane Golish  
Jessica Goreczyca  
Claire Grady  
Mary Hamil  
Gretchen Harris  
Bill & Linda Hendrickson  
Anton Hofter  
Edward Ickowski  
Joe & Judy Iovino  
Cecile Jacoby  
Herman Kassel  
Marie Kraeutler  
Charles F. Kroner  
Mr. & Mrs. Kustrzemb  
Steve Langert  
Domenico Latino  
Fred Lederer  
Joan Ann Leshko  
Gale Levenel  
Eileen Lewis  
Pat Lascio  
Gisele & Joseph Mangogna  
Frances Marconi  
Sue Marracello  
Doris M. Martin  
Jim McCarthy  
Janet McEvoy  
Bernice McGrath  
Claudia McKenna  
Ana Mihalek  
Susan Miller  
Helen Molnar  
Miriam A. Newman  
Pat Newman  
Anne O’Connor  
Helen O’Connor  
Audrie Odato  
Teresa Onorato  
Vito Ottomano  
Our Service Men & Women  
Diana Jeanne Panek  
Charles Peterpaul  
Mary Phelan-Hammel  
Dori Preis  
Pat Reeves  
Linda Robbins & Molly  
Penny Rone  
Eileen Scardaville  
Tony Sinacore  
Jane Small  
Mary A. Smith  
Pauline Spera  
Carolyn Van Pelt  
George Viventi  
Sharon Watkins  
Constance Weiner  
Lynette Whitmer’s Birthday  
Grace Young  
Grace Yundzel  
Audrey Yundzel

### In Honor of

Thomas Aiello  
Karen Alias  
Anna Balaceo  
Loren E. Barber  
John Bartlett  
Bob Bauer  
Tracy Benson & Van, Caregiver  
Canine  
Mannie Binder  
Clement Birkelbach  
Nora Bonney  
Edith P. Brown  
Barry Burke  
Tins Buscema  
Gerry Caci  
Joyce Caci  
Peter Cannone  
Marlene Capolupo  
Barbara Caradonio  
Caregiver Canines® Program  
Michael Combbati  
Kathleen Connelly  
Terry Contos  
Joanne Cooney  
CVCJ Volunteers & Staff  
Susan DeBella  
Anthony DelCasale  
Donna Demchick
**CVCJ's Alzheimer's Respite Care Program**

**On The Road To Expansion**

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**Joanne’s Story: The Precious Gift of Time**

Joanne is the caregiver for her mother, Albina, who has Alzheimer’s disease. Rather than relocate Albina, Joanne felt it was important to keep her mom comfortable in her own home, so she and her husband moved from North Jersey to her mom’s home in Toms River.

It didn’t take long for Joanne to realize she needed help and a break to care for herself! Joanne called CVCJ in 2014 and believes she struck gold when she was connected with our Alzheimer’s Respite Care Program. Joanne and Albina were matched with ARCP volunteer, Maribeth, who visits them weekly.

Joanne says her mom looks forward to Maribeth’s visits, and so does she. When Maribeth visits, Joanne is able to take some time for herself, rest or run errands. Maribeth has become part of their family and they all love spending time together. Joanne is so grateful that Maribeth is able to interact with her mom in a way that brings joy into their home and gives a greater quality of life “Maribeth gives me the precious gift of time, to regroup so that I am able to better care for mom and keep her comfortable at home.”

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**Joanne & Albina, ARCP Clients and Maribeth, ARCP Volunteer.**

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**Our Cocktails & Cuisine event was a HUGE success. Thanks to you, we are on the road to helping even more Caregivers in need. There are many Joanne’s in our communities. With your generous support, they receive a priceless gift. We are so grateful for your help.**
Bartley Healthcare
Nursing, Rehabilitation & Assisted Living

Skilled Nursing Care  □  Post Acute Care  □  Hospice Care
Inpatient & Outpatient Rehabilitation
Assisted Living  □  Memory Care  □  Respite Care
Home □ Community Based Services

Trish Mazejy, Director of Community Relations
100 North County Line Rd., Jackson - 732-730-1700
www.bartleyhealthcare.com
CVCJ's Toms River Office is Moving!

As of June 1, 2016 ~ Our New Address will be:
Riverwood Plaza, Bldg. 2
67 Route 37 West, 2nd Floor
Toms River, NJ 08755

Phone, Fax & E-mails will remain the same.