Caregiver Volunteers of Central Jersey
"Caring for People by People Who Care"

Extra Extra Read All About Us!!

- Alzheimer’s Mission Reaches Milestone
- Dogs Across America
- CVCJ Sings a “New” Tune
- New Year Ushers in New Leadership
- Spring Brings Caring to Monmouth

Look inside for full stories!

Toms River: 732-505-2273
Freehold: 732-876-3900

www.caregivervolunteers.org
Like Us On Facebook @ Caregiver Volunteers & Caregiver Canines
Dear Friends,

“At the end of the day, the only questions I will ask myself are – did I love enough, did I laugh enough and did I make a difference?” Author Katrina Mayer said these words at a keynote address and they truly resonate with me.

Thank you for the love and laughter you bring to others and the difference you are making through your kindness and support.

Spring is a time of renewal and growth. As you’ll see on the following pages, CVCJ doesn’t live by the credo “we are good enough”. All of us strive to do better, to help more people, to bring more happiness.

May all your lives be blessed with love, laughter and purpose.

Lynette

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Do you or someone you know need help?

CVCJ... Only a Phone Call Away

You can’t put a price on compassion and honoring the wish to remain independent. For more than 24 years, CVCJ has cared for our elderly neighbors and their caregivers, and there is never a cost for our services.

Thanks to our dedicated volunteers and community supporters, look at all we do together:

- Access to medical care – door to door medical transportation in volunteer cars
- Food Security – grocery shopping through volunteers in person or on-line
- Meaningful Connection – friendly visiting and friendly phone calls
- Tail-Wagging Joy – in-home visits by our Caregiver Canines® certified pet therapy dogs
- Honoring Those Who Served – Veteran to Veteran programs and matches
- Support to Family Caregivers – providing relief to caregivers of those with dementia or a chronic illness through specially trained volunteers

If you, or someone you know could use our help to remain independent and connect with others, please reach out – 732.505.2273 or info@caregivervolunteers.org.
In 2002, Caregivers of Central Ocean County partnered with Caregivers of Lakewood, the Alzheimer’s Association and Visiting Home Care of Ocean County to develop the Alzheimer’s Respite Care Program (ARCP). 15 Years later, our program is going strong and filling a vital need.

Caring for an individual with dementia can be one of the most challenging times for a family, both physically and emotionally. The mission of the Alzheimer’s Respite Care Program (ARCP) is to ease the burden and enhance the quality of life for families on this journey.

We are very proud of our 15 year commitment to our community and how our program has grown and made a real impact. Our ARCP was honored to be highlighted in the New Jersey Alzheimer’s Disease Study Commission Report 2016 as a model volunteer program.

How many times have you heard a song from your past that you haven’t heard in years....but you find yourself SINGING the words and imaging yourself in that time of your life!  How do we remember the words?  That is the Power of Music.

We are excited to be starting a new program entitled “Connection Through Music”. Inspired by the film “Alive Inside”, which illustrates the power of music to “awaken memories in individuals with dementia”.

“Connection through Music” will be matching a young person to both a volunteer “mentor” and an “adopted elder” living at home with dementia. As these students get to know their “adopted elder”, they will create a playlist of favorite songs based on the life story of the individual. Music then becomes the bridge to friendship, memories and sense of self otherwise lost to the disease.

For more information, please contact Fran Pannella, ARCP Manager at 732-505-2273 Ext 207 or email info@caregivervolunteers.org.
Caregiver Canines® now has 40 dogs visiting the homes of seniors throughout Ocean County! Kudos to Danielle Maley, Program Coordinator, who personally meets with every care receiver and therapy dog to create perfect pairs that lead to beautiful and enduring friendships.

If you or someone you know would like a Caregiver Canines® visit, please contact Danielle at 732-505-2273, ext. 202 or info@caregivervolunteers.org. She will happily match you up for some 4 legged fun!

Daisy and Violet share a special friendship. Violet lives alone and is 90 years old. She owned many dogs throughout her life and misses having the companionship that only a dog can provide. Daisy’s visits help Violet cope with loneliness and isolation, and they have a wonderful relationship that includes Daisy’s Mom, Barbara. Daisy is getting older now and slowing down, but she still visits Violet. These two senior ladies enjoy their special time together and we hope the visits continue for a long time.

Our partnership with the National Volunteer Caregiving Network (NVCN) is off to a fantastic start, with eight new Caregiver Canines® chapters on board and two in the wings. NVCN’s 500 caregiver agency members provide countless opportunities for CVCJ to bring the love of a pet into the homes of seniors across the nation.

Current Caregiver Canines® Chapters:

- Toms River, NJ
- Milltown, NJ
- Getzville, NY
- Hornell, NY
- Cary, NC
- Bainbridge Island, WA
- Williamsburg, VA
- Medina, OH
- Bethlehem, PA

Coming soon...

- Wilmington, DE
- Spooner, WI
Caregiver Volunteers of Central Jersey (CVCJ) is dedicated to providing vital assistance to the elderly, disabled, veterans and those who care for them. Our goal is to enable individuals to remain independent and to allow them to live with dignity and joy.

Michele Lardieri, President
Anne Kraljic, Vice President
Leo DiGioia, Treasurer
Rev. Doug Chase, Secretary
Rev. Dr. Edward D. Harper, Member at Large
Patricia Scimeca, Member at Large

Rev. Blair Goold
Pastor at Island Heights United Methodist Church

The work of CVCJ is so impactful and helps to keep countless seniors at home and connected to their communities. I look at CVCJ as an extension of the work done at hospitals like Community Medical Center. Our goal is to help restore health and CVCJ assists our patients to stay in their homes as long as possible. It is an honor to be associated with them.”

Jean Flaherty
RWJ Barnabas Health

“What inspired you to join the CVCJ Board?

“I see the value in the work CVCJ does and the impact on the recipients and their families. It’s important work that makes our community a better place and I feel a responsibility to do what I can to help.”

Anthony Canderozzi
Senior Financial Planner for Creative Financial Strategies in Wall Township.

“I was inspired to join the CVCJ Board when two of our congregants, Linwood McWilliams and Peter Berry shared their experiences working with CVCJ. It became obvious this organization was meeting an important need in the senior community, and that enhanced partnership with local clergy and congregations would strengthen the mission.”

Rev. Blair Goold
Pastor at Island Heights United Methodist Church

Monsignor Sam Sirianni
Co-Cathedral of St. Robert Bellarmine

“The care for our elderly is very important to the life of the community and of the church. Caregivers is a wonderful partner that allows those who wish to be involved in reaching out to the elderly with committed professionals who will give them the training & skills needed to fulfill this act of mercy.”
We Are Grateful!
Thank you to our generous supporters for their assistance in keeping Monmouth & Ocean County Seniors in their homes.

Donors, Foundations & Grants
- Always Best Care Senior Services
- Amboy Foundation
- Assisting Hands Home Care
- Atlantic Physical Therapy Center
- BlueClaws Charities
- Brandywine Senior Living
- Brick Community Development Block Grant
- Brick Morning Rotary
- Brielle Orthopedics
- CapTel—Captioned Telephone
- CareOne at Jackson
- Catholic Human Services Foundation
- Charles B. Mathis Memorial Trust
- Dental Home Services, LLC
- Disabled American Veterans Charitable Trust
- D’Onofrio Foundation
- Dr. Pino & Water St. Physicians
- Enclave Outreach Group
- Exxon Mobil Foundation
- Fidelity Charitable Gift Fund
- Fred C. Rummel Foundation
- GFWC Women’s Club of Brick
- Greenbriar Woodlands Men’s Club
- Greenbriar Woodlands Women’s Club
- Henry E. Niles Foundation
- Hirair and Anna Hovnanian Foundation
- Holiday City at Berkeley Welfare & Recreation Fund
- Holy Redeemer
- Investors Bank Charitable Foundation
- Jan & Holly Kokes Foundation
- Jan & Eugenia Krol Foundation
- Johnson & Johnson Services, Inc.
- Kearny Bank Foundation
- Kiwanis Club of Toms River Daybreak
- Knights of Columbus of Jackson
- Manasquan Bank
- New Jersey Natural Gas
- Ocean County Community Development Block Grant
- Ocean County Office of Senior Services
- Ocean County Professional Networking Group
- Ocean Ride
- Outreach of Greenbriar Woodlands
- Ornstein Family Foundation
- Patti’s Pretties
- Perlmart, Inc.
- Petco Foundation
- Preferred Home Health Care & Nursing Services
- Renaissance Artisans & Crafters
- Rotary Club of Toms River
- Saker Shoprite
- Suez Water Toms River
- The Jay and Linda Grunin Foundation
- The M & T Charitable Foundation
- The Pines at Whiting
- The Provident Bank Foundation
- Toms River Community Development Block Grant
- United Way of Monmouth County
- United Way of Ocean County
- Vision Financial Services-Anne Kraljic
- Walmart Foundation
- We Care Adult Care, Inc.
- Wintrode Family Foundation
- Woman’s Club of Brick
- Woman’s Club of River Pointe
- Women’s Club at Westlake
- Woodhaven Lumber

L-R: Lisa Carta & Sandy Broughton from Investors Bank present Lynette Whiteman with a generous grant to support our mission.
St. Denis Church in Manasquan has joined the CVCJ Coalition. With them comes a new service area on the CVCJ map! Eileen Ziesmer, Pastoral Associate for St. Denis noted that St. Denis was looking to expand their mission to the elderly in their community and having heard of CVCJ’s success in Ocean County, it made sense to join the coalition. “Why re-invent the wheel?”, she said adding “partnering with CVCJ allows us to get our volunteers helping the community faster, which is what it’s all about!”

We are beyond excited to welcome St. Denis to our Coalition and eager to reach out to the people on our “wait list” in the Manasquan area to let them know that we can now provide them with our much needed support!

If you know someone in Monmouth County, 60 or older who does not drive, and who may be in need of our services, please call the Monmouth Office at 732-876-3900, or email info@caregivervolunteers.org.

Spreading the Love: Bringing Joy to Local Seniors

Valentine’s Day is traditionally the day for love. Sadly, many of the people our volunteers care for have lost the love of their life and Valentine’s Day becomes a sad day, filled with reminders of what once was.

This year, in partnership with Monmouth University we enlisted the help of some eager students from Circle K to make Valentine’s cards for our carereceivers. Circle K is an organization that helps college students develop leadership skills through collective activities of community service.

This group of students made hand-crafted cards, which we mailed to our receivers.

Joann, one of the recipients of these special Valentines, told us “when my husband was alive, he always showered me with lovely gifts to show his love. I’m so grateful to you for your help and the love your volunteers show in the blessed work that they do! Our hearts are full of gratitude for the efforts of the Circle K team for bringing smiles to our growing number of care receivers in Monmouth County!
We offer our sincere condolences and gratitude to the families of:
George DiChiaro
Joseph Svirnelis
for designating Caregiver Volunteers of Central Jersey to receive donations in lieu of flowers.

“At the end of the day people won’t remember what you said or did, they will remember how you made them feel.”
— Maya Angelou

When Ruth thought about how she could make a difference in the world, she thought about how the staff and volunteers from Caregiver Volunteers of Central Jersey made her feel. She thought about how hard it was for her to ask for help. She remembered that when she did call us for medical transportation and shopping, she was greeted with great kindness and respect.

That is why Ruth left a bequest to CVCJ in her will. She wanted to do her part to make sure that other people like her will be able to stay in the homes that they love.

Thank you Ruth! Because of your compassion, we will be able to continue to grow our services and enhance lives. All of us at CVCJ will always remember you and thousands will reap the benefits of your kindness.

To request a copy of the Creating Your Legacy brochure and to learn more about making a gift in your Will or living trust that will impact lives for years to come, please contact Lynette Whiteman at 732.505.2273 or lynettew@caregivervolunteers.org.

In-kind Gifts

(Contributions such as meeting space, hosting an event, etc.)

Brandywine Senior Living, Toms River
Central Printing
Co-Cathedral of St. Robert Bellarmine
Community Medical Center
Congregation B’nai Israel
Dreams Chocolate Fountains
Franklin Ricart
Fred Astaire Dance Studio
Harrogate LifeCare
Jane DiMaggio, Atlantic Physical Therapy Center
Larson Ford
Magnolia Gardens
Shore Dance Sport
The Pines at Whiting
The Bentley Inn
Tom Hayes & NJNG Employees
Tuscan Bistro Bar
Visiting HomeCare Services of OC—A Friend’s House

Memorial Gifts

We offer our sincere condolences and gratitude to the families of:

George DiChiaro
Joseph Svirnelis

for designating Caregiver Volunteers of Central Jersey to receive donations in lieu of flowers.
Caregiver Volunteers of Central Jersey continues to be blessed by donations from our clients and their families and by the financial support of our friends in the community. We are grateful for their generosity, which enables Caregivers to fulfill our mission. This list includes donations through the month of January. Every effort was made to ensure the accuracy of this list. Kindly forward any additions or corrections to the CVCJ office to be listed in the next newsletter.

In Memory of

Thomas J. Accomando
Thomas Aiello
Nunzio Alfano
Willis I. Applegate
Columbus Aragon
Anna Balacco
John Ball
Joseph Baptista
Georgina Barton
Debra L. Bauer
Walter H. Baumann
Lawrence Besmer
Lauren Bogdan
Judy Boteler
Joseph T. Brecht
Harland Breikreutz
Harold Briggs
Ken Brubaker
John Bucknell
Robert Burkhart
Dr. J. Dennis Cadigan
Donato Calcagno
Marie Campo
Salvatore Carnevale
Sylvia Chielo
Peter Cocuzza
Frances Collelo
Mae Connor
Angelina Corsaro
Constance Craig
Robert Craig
Dalia, Caregiver Canine
Thomas J. Daly
George D’Andrea, Sr.
George D’Andrea, Jr.
Rocco D’Antuono
Ralph Delorenzo
Peter DeVito
John J. Devlin
George DiChiaro
Carmelo DiPiazza
Rose Doyle Camfield
Dorothy Duceschi
Irene Dzikiewleski
Herbert L. Elbacher
John Eimess
Abel Eppa
Neil Esposito
Mary Ann Feller
Herbert Firmenich
Louis Fredericks
Kathleen Giacobbe
Vito Girondo
Rose Gordon
Samuel Gordon
Christopher Grady
Walter Gross
Helen Haley
Harold E. Hall
Millie Hickey
Donald Hicks
Norman Iacouelli
Anne Illuzzi
Salvatore Isgro
Dimitri Ivanoff
Albert S. James, Sr.
Earlena Kriscoe
Charles F. Kroner
Jack Lamping
Virginia Lamping
Domenico Latino
M. deChantel Leen
Helen Leszczac
Paul Levine
Sir Colin W. Lewis
Armando Macchia
Giovanni Maio
Anthony Mancini
Alvin Markowitz
Joseph Marracello
Rosario Russ Martorano
Daniel M. Maul
Donald R. McAndrew
James Paul McCabe
John McHale
Ralph Michel
Antonio J. Milazzo
Charles John Miller
Frank Misera
Catherine Moscatelli
Michael Moscatelli
Kerry Ann Murphy
Frank Napolitano
Rita Napolitano
Anne Marie Neveroski
Lillian Noto
Edward C. Novak
Helen V. O’Connor
Grace Olsen
Louis Patterson
Joseph R. Persichetti
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Criss Pinheiro
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Edmund Polakowski
Peter Porcasi
Donna Marie Rhyne
Anthony Riccardi
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Stephen Scribello, Jr.
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Eric Sherman
James Small
Mary T. Smith
Howard Sorenson
William Spillane
Ray Steger
Mark Steinhardt
Alex Stillano
Raymond Stoffers
Catherine Strine
Joseph Svirelins
The Connell Family
The Mooney Family
The Naedele Family
The Rizzuto Family
Marie Tortorielo
Concetta Vella
Edwin Dale Weir
Mike Wexler
Harold Whelan
Harley Winship
Thomas Wulf
Fred Yunginger

In Honor of

Karen Allas
Nicholas Amalfa
Elsa Mae Applegate
Robert Burkhart
Myra Caggiano
Dolores Chapter
Jerry Clarke
Terry Contos
Joanne Cooney
Cong. B’nai Israel Volunteers
Matti Coughlin
Addie & John Cusimano
CVCJ Volunteers
Mary Daly
Mary Dawson
Lee Dente
Theresa DiGiorgio
Charlotte Earle
Frieda & Samuel Edelstein
Edward Edmonds
Peggy Ell
Abel Eppa
Marie Farrell
Joy Goldrick
Lucy Grandus
Cantors Daniel & Ruth Green
Greenbriar Woodlands
Vivian Halpin
Jerome Hill
Holy Cross Volunteers
Estelle Isbitski
Camille Janiak
Lucie Jude
Stella Kaminski
Herman Kassel
Anastasia Kennedy
Elizabeth LaBracio
Craig Lawson
Betty Maguire
Barbara Mansfield
Doris Martin
John Matuska, Sr.
John Matuska, Jr.
Mary McGrath
Margaret Mary Meehan
Ralph & Rita Michel
Helen Moore
Bill & Joan Murphy
Alphonse Nacchio
Salvatore Nigido
Audrie Odoato
Vito Ottomano
Pastor Fred
Janice Pease
Kathy Perrino &
Lily, Caregiver Canine
Dr. John Pino & The Water
Street Physicians
Dori Prejs
Elba Rieckehoff
Steven P. Russo
Loretta Sangastiano
Anita Scafidi
Alice Schimdt
Mary Scheider
Pat & Mike Scimcea
John Shalloo
Roger Sharkey
Pauline Sherman
Wayne Small
Carolyn Smith
Aunt Mim Sodergren
Helen Stromp
Margaret Sullivan
Alexander Szalkiewicz
The Schumm Family
Van, Caregiver Canine
Carolyn Van Pelt
Mary Whiteman
Rabbi Ellen Wolintz-Fields & Family
Andrey Yundzel
As you know, we are always looking for compassionate people to lend a hand. This year we started a pilot program of Volunteer Ambassadors. Eight CVCJ volunteers have agreed to assist the staff with volunteer outreach. You may see them speaking at your religious congregation, or to the members of a club or organization you attend, or at a table at a Senior Expo or health fair. Stop by & say hello!

Each of our volunteers are ambassadors for CVCJ. When you are out and about, please share your experiences with others. The most effective way to recruit new volunteers is by “word of mouth”.

Thanks for all you do!
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Holy Redeemer
HomeCare · Hospice
1-888-678-8678
Dancing with Their Stars
Saturday, June 3, 2017
6:00-10:00pm
Eagle Ridge Golf Club
2 Augusta Blvd., Lakewood
For more information visit
CVCJdances.com

For breaking news, fun pictures & to share your stories...

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Caregiver Volunteers & Caregiver Canines